

The Spirited Sister

Weekly newsletter for the Sisters In the Spirit of Houston, Inc.

Founded in 2001 "To Be Christ to Others"

www.sistersinthespiritofhouston.org



Dear Sisters,

I pray that you and your family are safe and well.

I am excited to share our membership newsletter with you. During these times of social distancing, we are creating a new sense of community. Allow this newsletter to be our voice connecting with one another during this period and beyond.

Notably, this communication is designed to engage, educate, and support one another during our journey in being Christ to others.

Lastly, I invite you to submit articles, upcoming events to promote SIS and local church activities, words of encouragement, and, of course, PRAYERS.

This is OUR newsletter and reflects our voices, issues, and matters that are crucial to our spiritual development as members and within the organization. Everyone and anyone is welcome to contribute!

Submissions are due each Sunday by 8 pm to sisafa2017@gmail.com in hopes to have it published each Thursday. If you have any questions, feel free to contact SIS Angelica Francis-Adams

Yours In Service,

SIS Angelica, Vice President



Virtual Spiritual Experiences

Nightly Rosary Call 8pm

St. Francis of Assisi Catholic Church
Conference Call
(425) 436-6368
ID:579460#

Virtual Masses

Sunday, 8:30 am

St. Mary of Purification, [YouTube](#)

Saturday 5 pm, Sunday 8 am & 11 am

St. Francis of Assisi Catholic Church,
[Facebook Live](#)

Television

Sunday & Daily Mass

7 a.m., 11 a.m., 6 p.m.

- English - [EWTN](#), Irondale, Alabama

- [Find your TV channel](#)

Sunday - 2:30 p.m., Italian - [EWTN](#) -

Pope Francis's private Mass
celebration from Santa Marta,

Vatican City - [Find your TV channel](#)

For [archdiocesan](#) health updates, listings for liturgies, prayers, and other pertinent information, go to:

www.archgh.org/healthupdates

A Word from our President

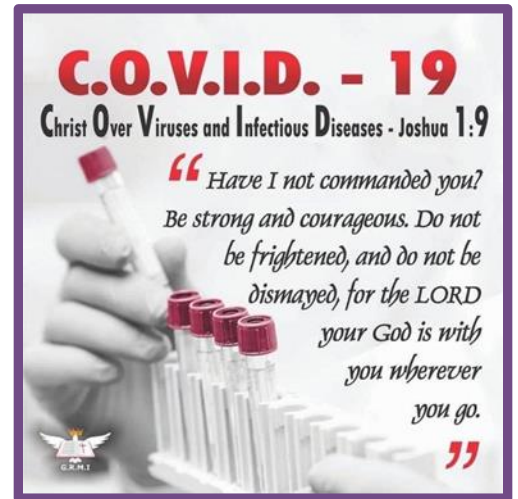
Dear Sisters,

This has been a Lent like we never would have imagined. It has begun to be a true experience of the desert, as we've been unable to attend Mass and receive our Lord in Holy Communion. Women of God, soon it will be Holy Week. We must unite ourselves, interiorly and simply, to our Lord. We should give Him the homage of our hearts, knowing that, as said in Mass, "it is our duty and our salvation, always and everywhere to give you thanks, Lord, Holy Father, almighty and eternal God." The saving mysteries that took place during this week some two thousand years ago were for our sake and for our salvation. Trust that the Lord does not abandon his flock, he will never do that, for he cannot deny himself (2 Tim 2:13) Sisters, please be safe and know that I am continually praying for you. We must continue to persevere in **faith, hope and love**.

We remain united in Jesus and Mary,

Eva Vester, President

SIS of Houston



Coronavirus Novena 2020



While we face the coronavirus pandemic, let us turn to the face of God in prayer and ask for His healing, His help and His protection. We will pray for all who are affected, for all who are sick and suffering, for all those who work in the medical profession, and for those who have died as well as for their grieving family members.

During this novena (<https://www.praymorenovenas.com/pandemic-novena>) we will be asking the intercession of these saints:

1. **The Fourteen Holy Helpers**, those who lived during the time of the plague.
2. **St. Anthony the Great**, patron of those affected by infectious diseases.
3. **St. Edmund**, patron for victims of pandemics.
4. **St. Damien of Molokai**, who ministered to lepers.
5. **St. Rocco**, who prayed for those suffering from infectious diseases.
6. **St. Joseph**, patron of the dying.
7. **St. Jude and St. Rita**, patrons of impossible causes.
8. **St. Frances Xavier Cabrini**, who dedicated his life caring for the sick.
9. **Mary, Undoer of Knots**.



TRIBUTE TO OUR SISTER Doris Arceneaux

Our beloved sister, Doris Arceneaux, entered into eternal rest Thursday, March, 26th.

She was a devoted member.

Since her induction in 2015, Sister Doris volunteered and played a vital role in a variety of projects and activities. She used her God-given talents to "beautify" our events with her decorating skills, especially in designing floral arrangements. Whenever asked to support a project, her answer was always, "YES!"

We are truly blessed to have had her as our Sister. She will be dearly missed!

Eternal rest, grant unto her, O Lord, and let perpetual light shine upon her. May her soul and all souls of the faithful departed through the mercy of God rest in peace. Amen

Please continue to pray for strength and courage for her husband, John, the Arceneaux family, and SIS Linda Arceneaux.

Condolences may be sent to the family:

Arceneaux Family
2107 Laurel Arbor Drive
Houston, TX 77014

A Word from Your Sister

SIS Evelyn Wagner Wright encourages us as we pray together each evening, please join her in lighting a **candle of hope** for at least one hour in your window, at your table or in your garden as a visible symbol of the light of Christ, our source and our hope.





SIS Dorothy Lewis sends blessings and a prayer for this Sunday. Please accept them and pray that she and **ALL** of us remain safe and healthy. We thank God for blessing Dot to be uninjured following a recent fall. **Amen**

Feel free to send a "Thinking of you Note" to:

Dorothy Lewis
5223 Stuyvesant Street
Houston, TX 77021

Scriptures To Carry YOU

Hebrews 13:8

Philippians 4:6-7

2 Corinthians 4:16-18

Ecclesiastes 3:1

Deuteronomy 31:6

Isaiah 43:19

Jeremiah 29:11

**Prayer for the Beatification of
Henriette Delille**

O good and gracious God, you called Henriette Delille to give herself in service and in love to the slaves and the sick, to the orphan and the aged, to the forgotten and the despised. Grant that inspired by her life, we might be renewed in heart and mind. If it is your will may she one day be raised to the honor of sainthood. By her prayers, may we live in harmony and peace, through Jesus Christ, Our Lord. **Amen.**



Sisterly Connections: [Parish contacts](#): Please take a look at the membership directory and reach out to your assigned sister. Many Thanks!