



Sisters in the Spirit of Houston, Inc.
Founded in 2001 "To Be Christ to Others"

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The Spirited Sister

A WORD FROM OUR PRESIDENT

My dear SISTas,

We have made it to 2023 with the grace and mercy of Our Lord Jesus Christ. We have experienced a lot in the past few months within our membership and families. We have had sickness, trials, tribulations, and death. We have learned to reconnect by coming together, fellowship in prayer, and taking time to relax and share each other's company. We have come out stronger and more determined to stand together as sisters. Now that we have reflected on the last few years, reconnected with our SISTas and refreshed the reason that we are a part of Sisters in the Spirit of Houston, Inc., we can move on to our next step.



The next step is our mission statement, "To be Christ to Others."

My Father,

I am praying for my SISTA's In Christ, Gracious God. I seek You with a wishful heart. Please break down divisions in our lives. Please lead us as a community of Christ-followers. Unite us in sisterly joy and wisdom. Strengthen the web of sisters in Christ so we can praise You with louder voices and glorious harmony. Please help us grow and prosper together. I ask this and all things in Your Name, Lord Jesus Christ. Amen.

Sisters of the Holy Family
Perpetual Profession of Vows and First Profession
An Experience to Remember



An invitation was extended to the Sisters in the Spirit of Houston, Inc. to attend The Perpetual Vow Ceremony for the Sisters of the Holy Family on August 15th, 2022. The last ceremony was 23 years ago in 1999. Eight SIS members traveled to New Orleans Aug 14-16. What a blessing to attend and witness this awe-inspiring event. We enjoyed the fellowship of getting to know each other, attending the ceremony and the interesting side trips.

SIS Stephanie Wesley described the experience as pulling back the veil. SIS Helen Gobert, a Catholic convert, expressed that she went with expectancy and came out so filled. SIS Carol Tyson has witnessed the ordination for priest but had never attended the vow ceremony for nuns. She felt a closer connection to Christ after the experience. SIS Libby Newman was touched by the joy and humility of the nuns who took their vows. SIS Evelyn Wagner Wright was humbled to have come full circle with Sr. Marie Elizabeth Jerry who she met in 2015 when Pope Francis blessed the group in Washington, DC. To be present for Sr. Marie's final vows in 2022 was a joyful experience.

Let us keep Sr. Marie Elizabeth Jerry, Sr. Alma Marie Orji and Sr. Maria Faustina Bema and all the Sisters of the Holy Family in our prayers. As we continue to pray for vocations, let us include the need for young women to answer God's call.

A special thank you SIS Libby Newman and SIS Evelyn Wagner-Wright for working together to plan such a spirit-filled trip. They lead our group with love and a lot of fun.

Make 2023 a faith filled year.

I INVITE you to learn more about your Catholic Faith by listening to The Catechism in a Year Podcast.

Have you read the bible? The whole bible? If not there is a podcast that will help you do just that. By just spending a few minutes each day you can hear the complete bible by December.

These informative podcasts are available on several different platforms:

Apple Podcasts, Spotify, Stitcher, YouTube, Amazon Music, Google Podcasts

Hosted by Fr. Mike Schmitz and including commentary from several Catholic theologians.

You don't have to start on day one and you don't have to listen everyday. Just put aside 30 minutes a day to learn more about what we believe and why we believe it.

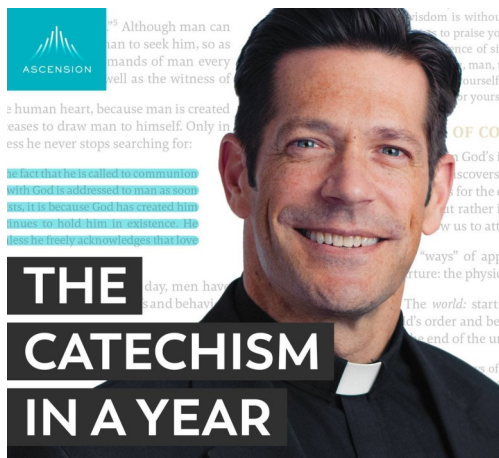
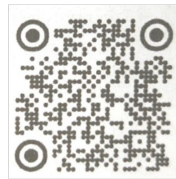
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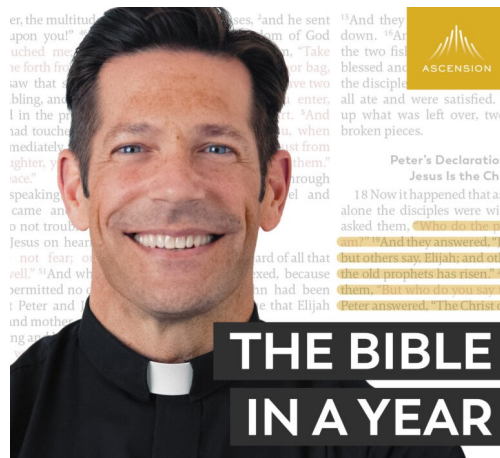
Catechism in a Year



The Bible in a Year



WITH FR. MIKE SCHMITZ



WITH FR. MIKE SCHMITZ, FEATURING JEFF CAVINS

God invites us to listen to Jesus

Luke 9:35 Then from the cloud came a voice that said, “This is my chosen Son; listen to him.”

God invites us to listen to Jesus’s teachings and his instructions. Regular scripture reading and daily praying are the essential places to locate and understand these instructions. By living out the messages of Jesus’s teachings we become closer to God and our heavenly rewards.



Thank You God

For your Grace

For your Mercy

For your Forgiveness

For your Protection

For your Guidance

For your Peace

For your Friendship

For your Unfailing Love

Amen

**It’s a new year, a simple prayer of
gratitude.**

**Submitted by:
Carol Tyson**

Prayer cards were given out during the 2022 retreat.

Because of the large turnout there were not enough cards for all attendees.

Below is one of the most requested cards.



Saint Jude - Saint of Impossible Causes

Most holy apostle, St. Jude, faithful servant and friend of Jesus, the Church honors and invokes you universally, as the patron of hopeless cases, of things almost despaired of. Pray for us, we are so helpless and alone. Make use we implore you, of that particular privilege accorded to you, to bring visible and speedy help where help is almost despaired of. Come to our assistance in this great need that we may receive the consolation and help of heaven in all our necessities, tribulations, and sufferings, particularly – Social Equity & Justice to all Humankind and that We may praise God with you and all the elect forever. We promise, O blessed St. Jude, to be ever mindful of this great favor, to always honor you as our special and powerful patron, and to gratefully encourage devotion to you. Amen.